

## Spa Packages

### Appalachian Love Package

Whirlpool, Couples Massage and Couples Facial. 2.5 Hours \$395

### Almost Heaven

Whirlpool, Massage (\$80 value), Rejuvenating Facial, 45 minute Sugar Scrub OR Mud Treatment. 3.5 Hours \$275

### Cacapon Relaxant

Whirlpool, Massage (\$80 value) and Rejuvenating Facial. 2.5 Hours \$180

### A Touch of Atasia

Whirlpool, 25-minute Massage and 25-minute mini Facial. 1.5 Hours \$115

## Couples Services

### Couples Massage

\$190 and up depending upon selection

### Couples Facial

\$200 and up depending upon selection

## CBD Enhancements

Upgrade your Massage, Facial or Pedicure with CBD Balm. Derived from carefully selected hemp crops based in Colorado, Oregon and Kentucky. \$15

- 100% Natural
- Anti-Inflammatory
- Fast Acting
- Long Lasting
- Heating and Cooling
- No THC

## About Atasia

Frankie has provided over 30,000 massages in Berkeley Springs. An interior designer in his native Malaysia before studying massage at the Wat Po Buddhist Temple in Thailand, he transformed the 19th century historic "THE NEWS" building into a wonderful place for pampering and relaxation.

Atasia Spa promises to treat every visitor with good old-fashioned West Virginia hospitality and traditional Asian courtesy and respect.

"Choose from one of our two favorites, Atasia Spa..."

.....Southern Living

"I nearly floated out the door, feeling finely sanded, polished smooth, and thoroughly mellowed."

.....Wonderful WV Magazine

"Atasia has a reputation for top-notch services at wallet-friendly rates."

.....Washington Post Express

"The hour flew by. I started to think about what else I might book, having already pretty much memorized Atasia's list of services..."

.....New York Post

## About Berkeley Springs

Berkeley Springs is an historic spa and art-filled town nestled in the West Virginia mountains only 90 minutes from the Washington/Baltimore metro area. It boasts warm mineral springs, world class dining, blocks of distinctive shops, full-service spas and more than 100 lodging choices from elegant B&Bs and historic inns, to cabins and resorts.

For more information about Berkeley Springs, visit [BerkeleySprings.com](http://BerkeleySprings.com)

## Relax, Rejuvenate, Renew

At Atasia, we have created a pleasant environment for your total relaxation experience, including very comfortable custom designed heated massage tables, clean locker rooms with showers, soft towels and luxurious robes.



After each treatment, we recommend that you relax and glow in our SERENITY ROOM, in comfortable Papasan chairs.

Sip cool Berkeley Springs water for total tranquility.

For reservations or inquiries, please call between 9am and 5pm.

1-304-258-7888



## General Information

- Prices are subject to change without notice.
- Minimum age for spa services is 15. Guests between the ages of 15-17 must accompany guardian in our couples room for Massage and Facial services. Otherwise, children are not permitted in the spa.
- Cellular phones must be turned off in the spa.
- Smoking and alcohol are not permitted in the spa.
- Please avoid bringing valuables to the spa and never keep them in your locker. Our safe is available upon request at all times.
- Please arrive 15 minutes prior to check in for time to fill out our intake forms.
- First trimester moms can only receive facials, manicures, and pedicures.
- Whirlpools and Steam Room services are not permitted if you are not feeling well, pregnant, have high blood pressure or similar conditions.
- Complimentary Eucalyptus Steam room use for each person in groups of seven or more with a minimum of two services each.
- Services are performed by West Virginia Licensed Spa Professionals.

### Cancellation Policy

- Cancellations must be received at least 24 hours prior to appointment time, or half the service fee will be charged.
- Credit card authorization and daytime telephone numbers are required for reservation confirmation.
- Gratuities in Cash Only

Atasia Spa is located in the center of the Town of Bath, one block from the historic Berkeley Springs State Park, surrounded by lodging, restaurants, and shops.

\* Gift Certificates Available \*

# ATASIA SPA

Berkeley Springs, W.V.



Upon entering,  
the journey to serenity  
begins...

Open Every Day 9am - 5pm  
Telephone 1-304-258-7888  
Web [www.atasiaspa.com](http://www.atasiaspa.com)

41 Congress Street  
Berkeley Springs, WV 25411

## Bath & Body Rituals

### Whirlpool Bath

Soothe away muscle tension by soaking in fresh swirling Berkeley Springs mineral water before your treatment!

15 minutes with services \$20  
15 minutes w/o services \$25  
(2<sup>nd</sup> person add \$5)

### Eucalyptus Steam Room

Melt away stress and tension in our herbal steam room.

20 minutes with services \$20 pp  
20 minutes w/o services \$25 pp

### Steam & Herbal Wrap

An Atasian signature spa treatment, this service begins in the Eucalyptus Steam Room, followed by a cocoon of hot herb soaked linens.

45 minutes \$85

### Sugar Scrubs

Enjoy a body exfoliation with a choice of Mango, Lavender or Pomegranate scents. A refreshing rinse from multiple shower heads result in radiant silky smooth skin.

25 minutes \$60  
45 minutes (Includes Body Butter) \$100

### Mud Treatment

This exclusive spa treatment incorporates mud from the Dead Sea for detoxification. A refreshing rinse from multiple shower heads leaves you feeling relaxed, refreshed and revitalized!

45 minutes \$100

## Massage Therapy

### Therapeutic Massage

Enjoy a journey away from everyday stress and tension. This massage results in improved circulation and relaxation for the rest of your day.

45 minutes \$80  
90 minutes \$160

Therapeutic pressure varies from light, medium to firm. Please indicate your choice of therapeutic pressure when making reservations.

### Reflexology

This technique focuses solely on the feet. It is known to soothe tired feet, help circulation and encourages overall healing.

45 minutes \$80

### Reiki

A soothing and gentle technique that brings total relaxation and tranquility to the body, while treating the body, mind and soul.

45 minutes \$80

### Raindrop Therapy

Restore balance through the power of 10 essential oils, applied to the back and feet, like drops of rain to create a uniquely soothing massage.

50 minutes \$115

## Massage Therapy

### Golfer's Massage

This massage focuses on specific muscles involved in golf: Shoulders, forearms, hamstrings, quadriceps, hips, upper and lower back. Golf balls and hot towels are used in this service. Ending with a series of stretches, preparing you for some eagles.

45 minutes \$100

### Deep Tissue Massage

Suitable for those who require deep, focused pressure on chronically tense areas (such as necks, low back and shoulders).

45 minutes \$100

### Aroma-Stone Massage

A special technique using essential oils combined with warm smooth basalt stones to ease away tension.

50 minutes \$100  
90 minutes \$200

### Massage by Frankie Tan

Frankie begins with a relaxing foot massage and gradually works up to the shoulders using heated oils. Experience his original steaming hot towel massage on the neck and shoulders.

45 minutes \$85  
90 minutes \$170

## Facial Treatments

### Rejuvenating Facial

All skin conditions. This treatment begins with a deep cleansing followed by a facial steam, masque and moisturizing resulting in a supple radiant complexion.

45 minutes \$90

### Gentlemen's Facial

All skin conditions. Specifically formulated for men, this treatment includes a facial cleansing, exfoliation, masque and moisturizer.

45 minutes \$90



## Customized Facial Treatments

### Ultra Calming™ Facial

Sensitized skin. This treatment includes a cleansing, gentle exfoliation and a customized masque.

50 minutes \$120

### AGE Smart® Facial

Dry or prematurely-aging skin. Dual-Action exfoliating cleanser removes dulling debris, stimulates collagen production, increase elasticity and promotes smoothness.

50 minutes \$120

### MediBac® Clearing Facial

Breakout-prone skin. Recommended for adult acne, this treatment uses a medicated masque to help clear congestion, regulate oil production and soothe the skin.

50 minutes \$120

## Facial Enhancements

### Eye and Lip Treatment

You may add special eye and lip treatments to your facials to combat visible lines and to firm, tone and revitalize those sensitive areas.

\$10 EACH

### Contour-Masque

This special masque treatment firms and contours skin by reducing edema with cooling temperatures and increased circulation. This service is offered only as an exclusive add-on to the Rejuvenating or Gentlemen's facial.

\$35

## Nail Care

### Spa Manicure

A treat for your hands involving shaping of the nails, hand massage and your choice of polish. (No Acrylics or Gels)

30 minutes \$25

### Spa Pedicure

Relax in our luxurious pedicure chair with stimulating air bubbles to relax your feet. This decadent foot treatment consists of a nail trim, filing, exfoliation, foot massage and your choice of polish.

45 minutes \$45

### Pampered Hands & Feet Ritual

This luscious treatment begins with a stimulating foot soak. Your hands and feet will both receive an exfoliation, masque and massage with warm stones.

50 minutes \$65

(Does not include pedicure or polish)

90 minutes \$85

(Includes pedicure & polish for feet only)

STRESS + [(WORK)<sup>7</sup> × BOSS]<sup>5</sup> + KIDS ÷ SPOUSE

TENSION × (1099s + TAXES)<sup>4/15</sup> - DIET × BILLS<sup>31</sup>

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ATASIA SPA  
Berkeley Springs, W.V.

OR  
COLLAPSE

SERVICES ARE PERFORMED BY WEST VIRGINIA LICENSED SPA PROFESSIONALS.